

WELCOME



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Powering Life, Today & Tomorrow

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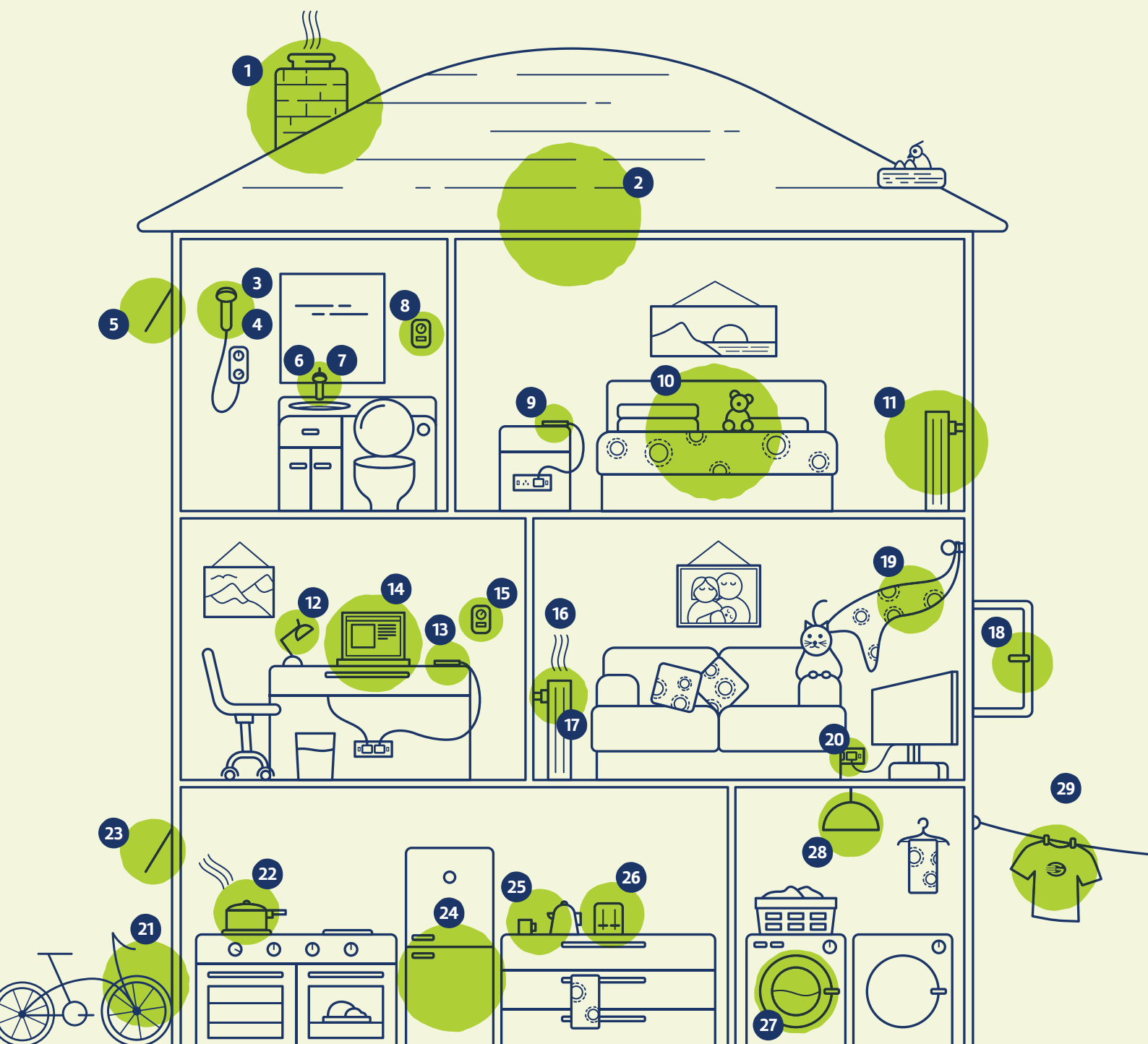


Whether you are a homeowner or renting a flat or house,
there are plenty of lifestyle changes you can make
that cost you nothing but will help reduce your electricity bills.
We are committed to helping you save energy,
ensuring you use electricity as efficiently as possible.
That's why we've created our 'Home of energy efficiency'
– take a look around.



Powering Life, Today & Tomorrow

..to the home of energy efficiency.



Follow these simple steps for a more efficient home:

- 1 **Warm air could be escaping through your chimney.** Install a chimney balloon that inflates to seal your chimney.
- 2 **Insulate your loft or roof space.** A quarter of heat is lost through the roof, so insulation will also reduce your bills.
- 3 **Have a shower not a bath!**
- 4 **Try to limit showers to only a few minutes.** Not only will this save water, it will also save you money on water heating.
- 5 **Open the bathroom window after a shower rather than using an extractor fan.**
- 6 **A dripping tap can waste enough hot water to fill half a bath in just one week,** so fix those leaking taps.
- 7 **Don't leave taps running,** especially when you're brushing your teeth!
- 8 **Install a timer for your water heater** that will turn it off when you are not at home or at night.
- 9 **Unplug your device** when it's fully charged to avoid energy waste.
- 10 **Layer up!** Wearing more jumpers and putting an extra blanket on the bed means you won't be tempted to turn the heating up.
- 11 **Bleed your radiators regularly** – it will help to keep them working more efficiently.
- 12 **Changing to energy saving light bulbs** is one of the easiest ways to save electricity and money.
- 13 **Don't forget to switch your computer and other devices off** when not in use.
- 14 **A laptop can be considerably more energy efficient** than a desktop and monitor set-up.
- 15 **Investing in a smart thermostat** or a programmable one so you can heat your home in the most efficient way.
- 16 **Turn your heating down.** Just dropping the temperature by 1° can save you a significant amount of money.
- 17 **Don't block radiators with furniture,** allow warm air to flow around the room.
- 18 **Fully draught-proofing your home will make it a lot warmer.**
- 19 **Close your curtains at night** to trap the heat inside and keep your home warm.
- 20 **Ensure all electrical appliances are turned off at the plug** when not in use and avoid using standby buttons.
- 21 **Get on your bike!** Ride your bike rather than driving – you'll get some exercise and help save the environment too!
- 22 **Always use the right size pan for your cooking ring and put a lid on it.** This will help save energy as the food will cook quicker.
- 23 **Open windows instead of relying on an extractor fan** – no electricity used, no cost!
- 24 **Fill your freezer up** – it uses less energy since the frozen food will not warm up when the door is opened.
- 25 **Only boil as much water as you need.** Don't boil a full kettle for one cup of tea.
- 26 **Replace appliances with the most energy efficient ones,** newer appliances use a lot less energy.
- 27 **Only use your washing machine on a full load** and on the lowest temperature.
- 28 **Turn lights off when you go out.** Lighting can cost up to 15% of your bill.
- 29 **Air dry your clothes outside** as much as you can, rather than using a tumble dryer.